

Character Defect List

Mark each trait you recognize in yourself.

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|---------------------------------------|--------------------------------------|--|--|--|
| ☐ abrasive | ☐ destructive | ☐ inconsiderate | ☐ opinionated | ☐ shameless |
| ☐ aggressive | ☐ detached | ☐ indecisive | ☐ outrageous | ☐ slovenly |
| ☐ aimless | ☐ difficult | ☐ indiscreet | ☐ over-critical | ☐ sly |
| ☐ aloof | ☐ dishonest | ☐ inflexible | ☐ over-emotional | ☐ sneaky |
| ☐ angry | ☐ disloyal | ☐ inhibited | ☐ paranoid | ☐ sordid |
| ☐ anxious | ☐ disobedient | ☐ insecure | ☐ passive | ☐ stingy |
| ☐ arrogant | ☐ disruptive | ☐ insensitive | ☐ pathetic | ☐ stubborn |
| ☐ artificial | ☐ dogmatic | ☐ insulting | ☐ patronising | ☐ stupid |
| ☐ base | ☐ dull | ☐ intolerant | ☐ perverse | ☐ superficial |
| ☐ belligerent | ☐ enervated | ☐ irrational | ☐ pessimistic | ☐ surly |
| ☐ bitchy | ☐ envious | ☐ irresponsible | ☐ petty | ☐ tactless |
| ☐ blunt | ☐ erratic | ☐ jealous | ☐ petulant | ☐ tasteless |
| ☐ boastful | ☐ extravagant | ☐ judgemental | ☐ picky | ☐ temperamental |
| ☐ boorish | ☐ extreme | ☐ killjoy | ☐ plodding | ☐ tense |
| ☐ boring | ☐ facetious | ☐ lazy | ☐ pompous | ☐ thoughtless |
| ☐ calculating | ☐ fanatical | ☐ malicious | ☐ predatory | ☐ touchy |
| ☐ callous | ☐ finicky | ☐ materialistic | ☐ prejudiced | ☐ truculent |
| ☐ careless | ☐ fixed | ☐ mean | ☐ pretentious | ☐ uncaring |
| ☐ caustic | ☐ flippant | ☐ mechanical | ☐ prim | ☐ uncharitable |
| ☐ changeable | ☐ foolish | ☐ melodramatic | ☐ procrastinating | ☐ unfriendly |
| ☐ charmless | ☐ forgetful | ☐ miserable | ☐ puritanical | ☐ unkind |
| ☐ coarse | ☐ fussy | ☐ moody | ☐ quick-tempered | ☐ unrealistic |
| ☐ cold | ☐ gloomy | ☐ nagging | ☐ quixotic | ☐ unreliable |
| ☐ compulsive | ☐ greedy | ☐ narcissistic | ☐ rash | ☐ unruly |
| ☐ conceited | ☐ grim | ☐ narrow-minded | ☐ resentful | ☐ unstable |
| ☐ condemnatory | ☐ grumpy | ☐ nasty | ☐ ridiculous | ☐ untidy |
| ☐ cowardly | ☐ gullible | ☐ naughty | ☐ rigid | ☐ untrustworthy |
| ☐ crafty | ☐ harsh | ☐ neglectful | ☐ rude | ☐ vague |
| ☐ crazy | ☐ hateful | ☐ nervous | ☐ ruthless | ☐ vain |
| ☐ cruel | ☐ hesitant | ☐ neurotic | ☐ sadistic | ☐ vengeful |
| ☐ cunning | ☐ hostile | ☐ nosy | ☐ sanctimonious | ☐ vindictive |
| ☐ deceitful | ☐ ignorant | ☐ obnoxious | ☐ scornful | ☐ weak |
| ☐ demanding | ☐ impatient | ☐ obsessive | ☐ secretive | ☐ weak-willed |
| ☐ dependent | ☐ impractical | ☐ obstinate | ☐ self-indulgent | ☐ wilful |
| ☐ desperate | ☐ impulsive | ☐ offhand | ☐ selfish | ☐ withdrawn |